



Registered Charity No 1125263



The WISH Centre

Women's Community Development Programme

Programme of Workshops for Women

Women ! Meet other women, make friends and have fun expressing yourself in new ways in an informal and relaxed environment. The WISH Centre are running a programme for women living and working in Harrow to get involved in recreational activities to learn new skills, make friends, relax and get involved with a wider community of local women.

WORD PLAY -

Return of our hugely successful Creative writing workshops for women allowing the freedom to experiment and play. The workshops will be a mixture of unorthodox techniques with some (very few) traditional methods.

Dino Jacovides will facilitate the workshops and will cherish the feedback as much as he gives it. He's a performance poet and is constantly learning. He uses games, journey writing, cut up methods and sensory techniques to get everyone spilling ink on the page.

Dates - every Saturday, 1100-1300 at The WISH Centre (parking available).

Starts Saturday 7 November then every week until Saturday 12 December.

Women's Wishes

Come with us on a creative journey using visual arts, self reflection and visualisation. No artistic skills are needed, just a willingness to try out different artistic approaches. Working in a small group or alone, relax, make new friends and have fun. Facilitated by Tammara Mattingly, inspirational Creative Artist, and Rowena Jaber, Director of the WISH Centre.

Dates - every Wednesday evening 1900-2100 at The WISH Centre, starting Wednesday 18 November weekly to Wednesday 16 December.

Costs for each programme - suggested donation £15. Concessions available.

Women only, age 18+ Parking and light refreshments available.

Places are limited and must be booked by 3 November latest. To book yours please email info@thewishcentre.org.uk or telephone WISH on 0208 416 7277 /text 08734477979

The WISH Centre is at Unit 4a, Livingstone Court, 55 Peel Road, Wealdstone MDDX HA7 6QT