

RECESSION WORKSHOPS

HAVS are hosting free recession workshops for Voluntary and Community Groups in Harrow. Come along and get plenty of useful information on support available for your clients during the recession.

Venue for all the workshops: H.A.V.S Meeting Room, the Lodge, 64 Pinner Road, Harrow HA1 4HZ

1) Employment and Flexible Working

Thursday 12th of November 2009

Time: 10.30am- 12.30pm

Speakers from Slivers of Time and Xcite



2) Debt, Employment, Benefits, and Legal Advice

Thursday 19th of November 2009

Time: 3pm- 5pm

Speakers from Citizens Advice Bureau, Job Centre Plus, and Hardest to Help Project

3) Mental and Emotional Wellbeing

Thursday 3rd of December 2009

Time: 11am- 1pm

Speakers from Relate North West London and Mind in Harrow

4) Housing Issues

Thursday 10th of December 2009

Time: 11am- 1pm

Speakers from Harrow Council's Housing Service and Housing Benefit and Council Tax

To book your place call Adam on **0208 863 6707** or email adam.gahhu@harrowcvs.org.uk. **BOOK NOW AS PLACES ARE LIMITED!!**

Light refreshments will be provided